



**Special points of interest:**

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- 'Where's baby? Look before you lock
- Assessment Results

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## The End of the Year Letter from the Executive Director

Dear Parents,

As we get closer to the end of the school year, once again we thank you for allowing us to be part of your child's learning development. We hope your family benefitted from the Head Start experiences. Some three year old children will be returning for another year and we welcome them back. Other children will enroll in kindergarten with the public schools and we also want to facilitate the transition. Have a very safe summer and be sure the children stay indoors during the warm heated summer. If you are continuing with Head Start during the summer be sure you inform the center staff of the phone number and address where we can locate you at all times. Prepare for Hurricane Season, do not ignore warnings that might be issued because of threatening weather.

You will always be part of the NINOS Head Start Familia. Whenever you have the time, visit your Head Start Center. Policy Council Members stay active during the summer. We have Policy Council Meetings during the summer as well. We sincerely hope that your child is well prepared as he or she transitions into Kindergarten. Please keep your child's education at the top of your priority goals at all times. May your mission be the success of your child's education.

Again Thank You for helping Head Start and be safe. We are sending you Hurricane Preparedness Information since Hurricane Season is almost upon us.

Con Mucho Cariño.

Manuela Rendon,  
 Executive Head/Start Director and NINOS Staff

## Tips that Can Help You Stay Cool and Safe

In the summertime, when the temperature is high, it is important for families to deal with the hot and humid weather conditions of the valley. The summer heat is especially hard on children and those who work outside.

These tips can help you avoid heat-related illnesses and stay cool and safe:

1. Drink plenty of fluids to avoid dehydration.
2. Limit time outdoors during the peak hours of 11 am to 4 pm.
3. If you have to do work outside, try to do it in the cooler morning or evening hours.
4. When outside, wear hats, sunscreen, and sunglasses and stay in shaded areas.
5. Seek out cool places such as air-conditioned malls or the public library.
6. Wear light, loose fitting clothes.
7. Eat cool- think "green" and eat lots of salads, fruits, and vegetables.

## 'Where's baby? Look before you lock

Now that summer is here and the temperatures across the nation are rising, the Department of Transportation's National Highway Traffic Safety

Administration (NHTSA) is again warning parents and caregivers of young children that leaving children unattended in a parked car, even for short

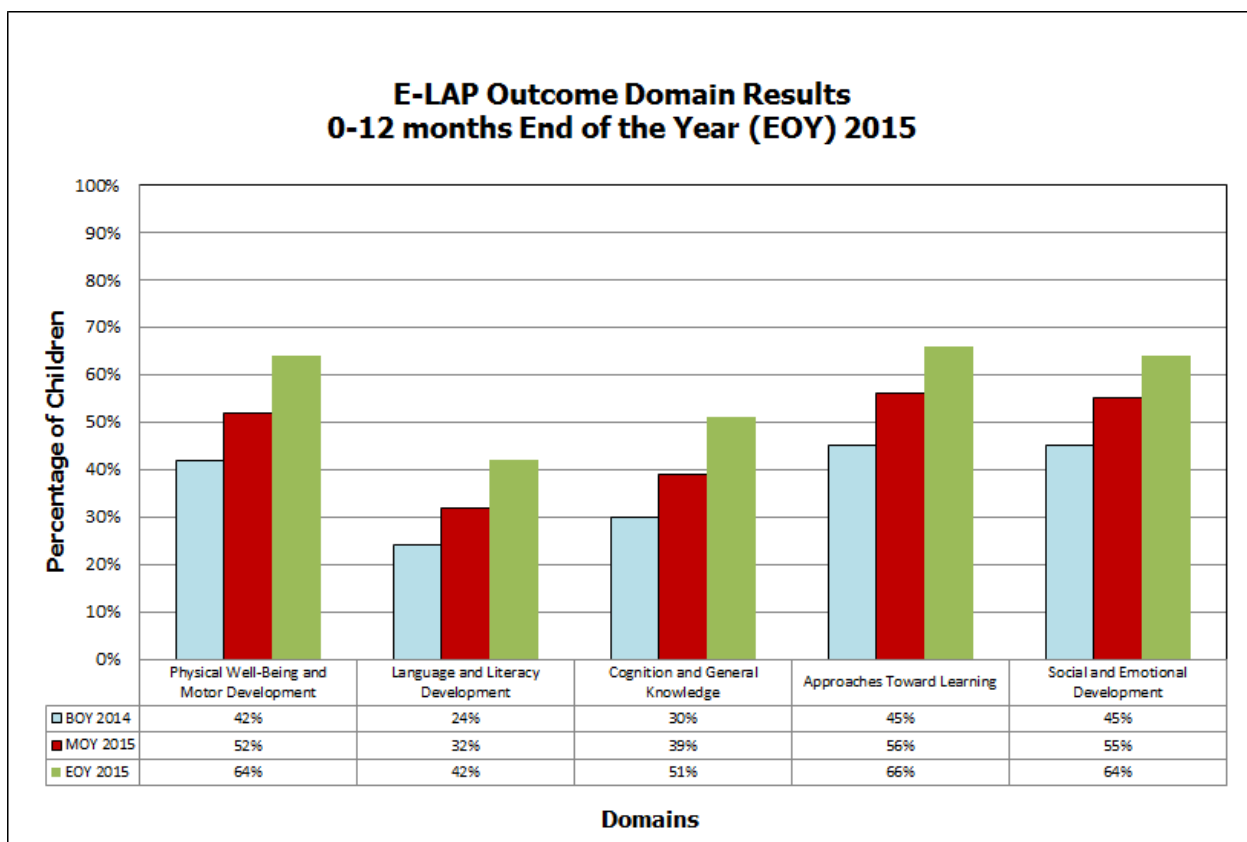
periods, can cause heatstrokes that can often be fatal. Just follow these simple tips to avoid forgetting your child in the car.

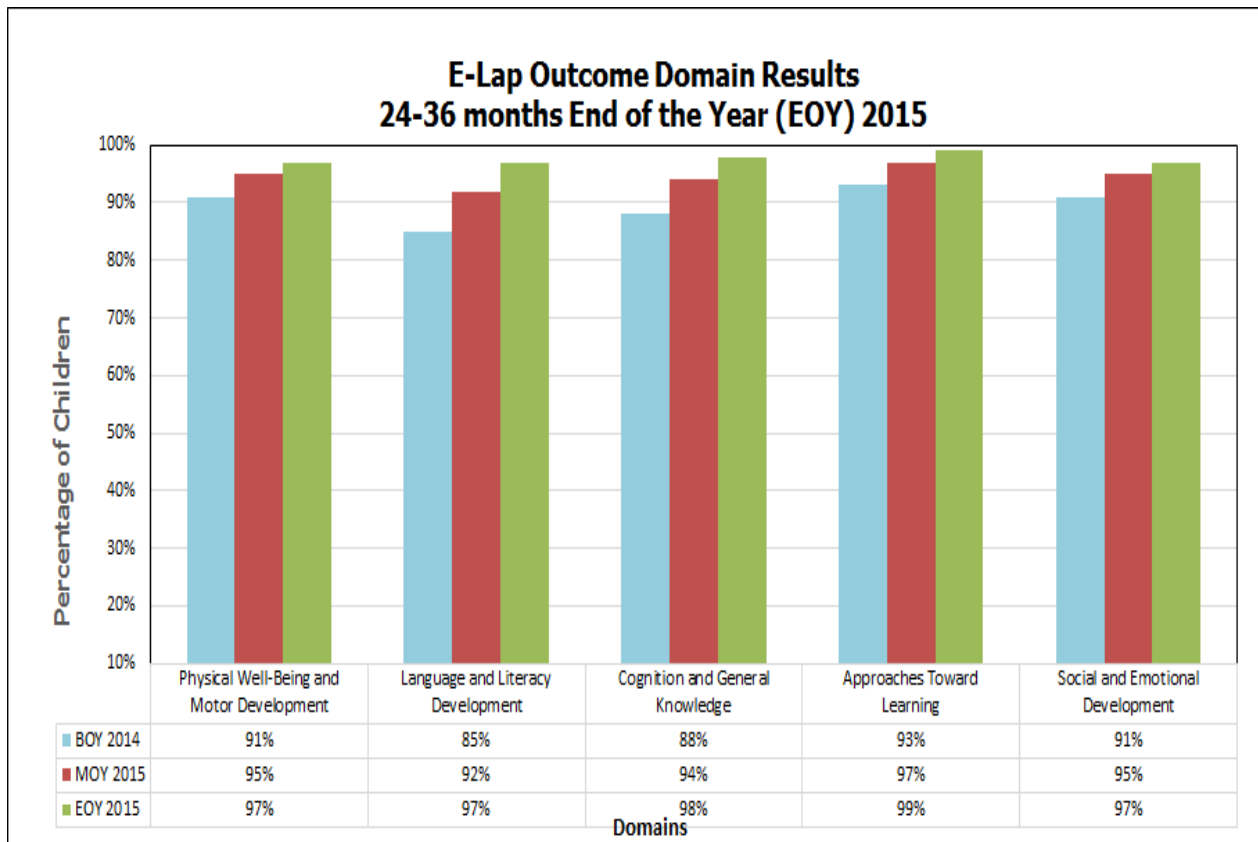
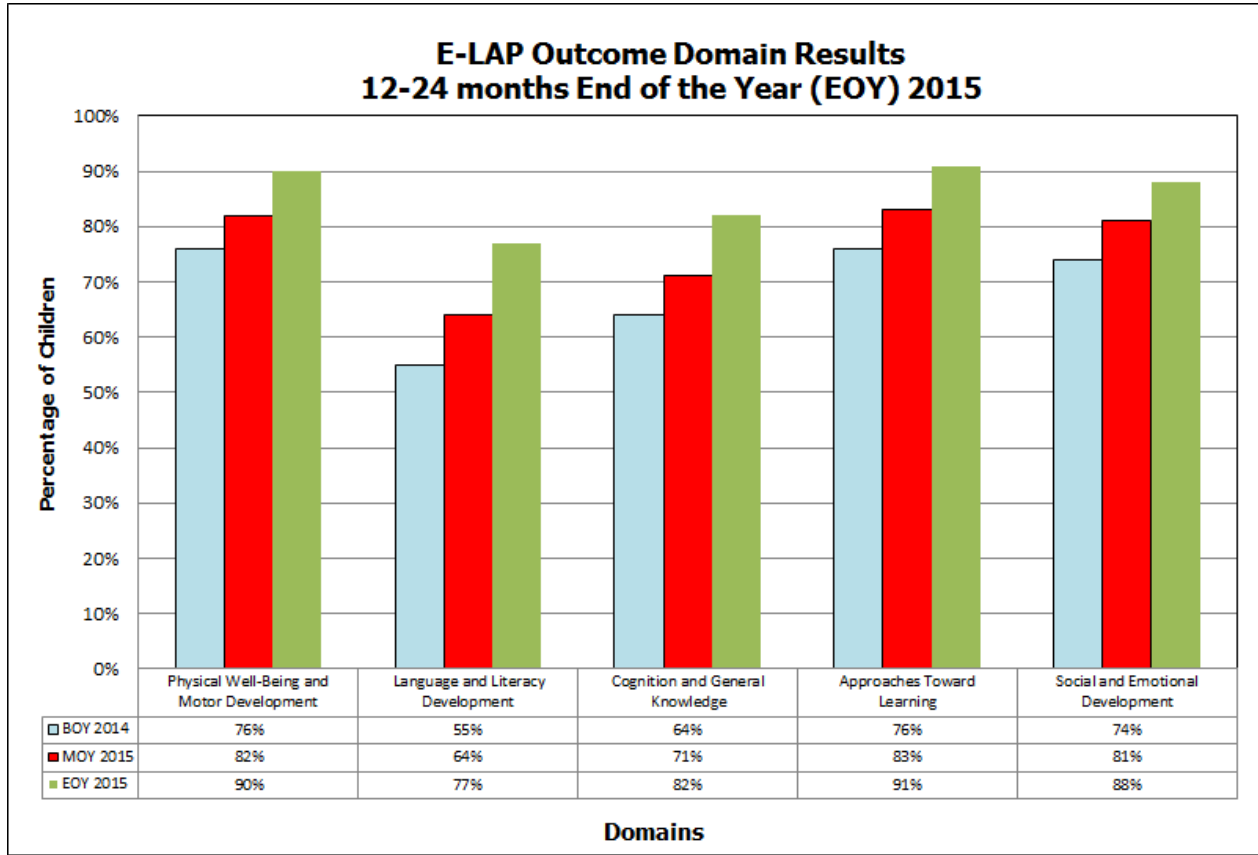
<http://www.nhtsa.gov>

- Never leave a child unattended in a vehicle – even if the windows are partially open or the engine is running and the air conditioning is on;
- Make a habit of looking in the vehicle – front and back – before locking the door and walking away;
- Ask the childcare provider to call if the child doesn't show up for care as expected;
- Do things that serve as a reminder that a child is in the vehicle, such as placing a purse or briefcase in the back seat to ensure no child is accidentally left in the vehicle, or writing a note or using a stuffed animal placed in the driver's view to indicate a child is in the car seat; and
- Teach children that a vehicle is not a play area and store keys out of a child's reach.
- In addition, NHTSA urges community members who see a child alone in a hot vehicle to immediately call 911 or the local emergency number.
- A child in distress due to heat should be removed from the vehicle as quickly as possible and rapidly cooled.

## 2014-2015 Early Head Start End of the Year Assessment Results

The children are formally assessed three times a year to follow their developmental progress and to determine the effectiveness of the curriculum.





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